




# 2023/24 SCHEDULE

**Begins 8/7/23**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>KIDS PROGRAM</b>	TIGER TOT	3:40pm-4:20pm		3:40pm-4:20pm		10:30am-11:10am	
	CUBS	4:30pm-5:20pm	5:30pm-6:20pm	4:30pm-5:20pm	5:30pm-6:20pm	4:30pm-5:20pm	10:30am-11:10am
	TIGER		4:30pm-5:20pm	5:30pm-6:20pm	4:30pm-5:20pm	5:30pm-6:20pm	10:30am-11:10am
	REDTIGER	5:30pm-6:20pm		5:30pm-6:20pm	6:30pm-7:10pm	5:30pm-6:20pm	10:30am-11:10am
<b>ADULTS</b>	BLACK BELTS ONLY <i>*ALL AGES*</i>	6:30pm-8:00pm	6:30pm-7:30pm Probation and Black Belts all ages	6:30pm-8:00pm	7:20pm-8:00pm <i>Elite Class R.E.D</i> <i>By invitation only</i>		 <p>Ask about our Birthday Parties!</p>
	TEEN/ADULTS	9am-10am & 6:30PM-8:00pm		9am-10am & 6:30pm-8:00pm		9am-10am & 6:30pm-8:00pm	<p><i>ELITE PROGRAMS</i> (by invitation only)</p> <p><u>8:00am-10:00am</u> <i>OLYMPIC</i> <i>COMPETITION</i> <i>TRAINING TEAM</i></p>