

Ask
about our
Birthday
Parties!



2023 SUMMER SCHEDULE

May 30- August 4

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KIDS PROGRAM	TIGER TOT	4:00pm-4:40pm		4:00pm-4:40pm			10:50am-11:30am
	CUBS	4:50pm-5:30pm	5:00pm-5:50pm	4:50pm-5:30pm	5:00pm-5:50pm	4:00pm-4:40pm	10:50am-11:30am
	TIGER		4:00pm-4:45pm	5:40pm-6:30pm	4:00pm-4:50pm	5:00pm-6:20pm	10:50am-11:30am
	REDTIGER	5:40pm-6:30pm	6:00-7:00pm	5:40pm-6:30pm	6:00pm-7:00pm	5:00pm-6:20pm	10:50am-11:30am
ADULTS	TEEN/ADULTS	9am-10am & 6:40PM-7:50pm	SELF DEFENSE All levels, 14 yr+ Members: included Non-mem: \$80/mth 7:00pm-8:00pm	9am-10am & 6:40pm-7:50pm	BLACK BELTS *ALL AGES* 6:00-7:00pm	9am-10am & 6:30pm-7:50pm	<i>ELITE PROGRAMS</i> (by invitation only) 8:00am-10:00am <i>OLYMPIC</i> <i>COMPETITION</i> <i>TRAINING TEAM</i>