

2026 Tae Kwon Do Grand Prix XX

TOURNAMENT INFORMATION

DATE: September 26, 2026

TIME: Registration Opens - 8:15 a.m.;
Competition begins at 9:30 a.m.

LOCATION: Robarts Arena
3000 Ringling BLVD Sarasota, FL 34237

ENTRY FEES: REGISTRATION: August 1st, 2025- September 24th
\$120 for One Event Color Belt Grassroots; Each additional event \$20
\$140 World Class (Red Belts and Black Belts); Electronic sparring and Poomsae Pro
Each additional event \$20

ONLINE REGISTRATION ONLY UNTIL SEPTEMBER 24TH!!!

*****NO registration at the door*****

**Note: Electronic body protectors will be used for Red and Black Belt sparring matches.
FOOTIES WILL NOT BE PROVIDED!!

SPARRING RULES: Best of 3 rounds
New WT rules
ALL ages head contact
USAT head contact rules
All Belts: (face shields are optional)
All Red and Black Belts: Daedo socks required
(electronic chest and head will be provided)

TRADITIONAL POOMSAE, SPORT POOMSAE, FREESTYLE BREAKING, POWER BREAKING, WEAPONS

RULES: Black Belts & Red Belt Poomsae – Sport Poomsae Side by side
Power Breaking – Grand Championship

MANDATORY EQUIPMENT: Headgear, mouthpiece, chest protector, instep and shin
guards, arm guards, and cup (male only).

Red and Black Belt competitors must bring their own electronic foot gear.

SPECTATORS: General Admission is \$20 (5 & under free)

QUESTIONS: Call Master Hwang at 941-586-1663

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ONLINE REGISTRATION

www.redtigerma.com/tournament available in August

Report Times/Order of Events*

8:30 am Referee meeting - Ring TBA

9:00 am Coach's meeting –Ring TBA

9:00am NINJA OBSTACLE competitors report to HOLDING
BLACK AND RED BELT POOMSAE report to HOLDING

ORDER OF EVENTS:

ALL BLACK BELT/ RED BELT POOMSAE SIDE BY SIDE STYLE

OPEN TRADITIONAL BLACK BELT/PARA POOMSAE

TEAM PAIR POOMSAE/FORMS

COLOR BELT POOMSAE

- 7 AND UNDER
- 9 AND UNDER
- 11 AND UNDER
- 14 AND UNDER
- 17 AND UNDER
- 18 AND UP

BOARD BREAKING: All Competitors

WEAPONS: All Competitors

LUNCH BREAK/ SPECIAL EVENT: DEMO TEAM competition

SPARRING: See Sparring Page

ORDER OF EVENTS

*Subject to Change

WORLD CLASS SPARRING

Red belt and Black belts (all ages)
Daedo head and chest
Athletes must have own Daedo Gen 3 foot gear
Electronic chest and head will be provided

2 CORNER JUDGES ASSISTING

GRASSROOT SPARRING

All color belt (except Red and Black Belts)
Regular Hogu (no electronic)
(Grassroot Belt and Worldclass Sparring will occur simultaneously)

WORLD CLASS BLACK BELT POOMSAE

Side by Side Style Sport Poomsae

Black belt and Red Belt competitors will compete Side by side style meaning they will be given a random poomsae to do in the ring based on the following:

- Red Belts all ages random between: Taeguk 6, 7, 8
- Black belts
 - o Ages 14 and under: Taeguk 6,7,8 Koryo
 - o Ages 15-17: Taeguk 6, 7, 8 Koryo, Keumgang
 - o Ages 18-31: Koryo, Keumgang, Taebaek, Pyongwon
 - o Ages 32-49: Keumgang, Taebaek, Pyongwon, Shipjin
 - o Ages 50 and up: Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Hansu

OPEN BLACK BELT/RED BELT TRADITIONAL POOMSAE WILL BE SEPARATE DIVISION

Family or Mixed Pairs/Teams are open choice

TRADITIONAL ALL COLOR BELTS POOMSAE

NOVICE BELT: <i>White, Yellow, Orange</i>	TAEGUK 1-2
INTERMEDIATE BELT: <i>Green, Blue</i>	TAEGUK 3-4
HIGH INTERMEDIATE : <i>Purple, Brown</i>	TAEGUK 5-6

FREESTLYE BREAKING

Gold medal

Successful breaking on first attempt

Silver medal

Successful breaking after one attempt

Bronze medal

Breaking after more than 2 attempts

*Rules: No repeat techniques,
minimum 5 boards.*

*Jumping spinning kicks, double or triple kicks
in the air -one missed attempt is allowed.
Breaking theme is to compete against
yourself.*

POWER BREAKING

ALL MUST BE BROKEN WITH HAMMER OR FIST

7 & under: minimum 5 boards

8-9 yr old: minimum 6 boards

10-11 yr old: minimum 7 boards

12-14 yr old: minimum 8 boards

OVER 15 yrs old: minimum 10 boards

Division Champion (1) trophy

Most boards broken in one attempt

Gold medal (1)

Second most boards broken in one attempt

Silver medal (1)

Third most boards broken in one attempt

Bronze medal (2)

Fourth most boards broken in one attempt

*Rules: In the event in a tie, the lighter
weight class will be declared winner*

WEAPON FORM RULES

Scoring based on:

Power

Flow/Balance

Energy/Beauty

Rules:

*Major deductions for weapon touching the mat or
weapon dropped onto the mat.*